

Register online at  
[childrens.memorialhermann.org/cme](http://childrens.memorialhermann.org/cme)

## Registration Information

\$150 - Physicians  
\$100 - RN, NP, CNM, Other  
\$75 - Residents and Fellows in full-time training

**Mail or Fax:** Download and complete the course registration form found online at [childrens.memorialhermann.org/cme](http://childrens.memorialhermann.org/cme)

For questions, contact us at **713.500.5850** or [Maria.S.Keefer@uth.tmc.edu](mailto:Maria.S.Keefer@uth.tmc.edu).

## Refund Policy

Refund requests must be received by **November 1, 2013** via phone or email.

## Continuing Education Information

### Nurses, Midwives and Other

Memorial Hermann-Texas Medical Center is an approved provider for continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center Commission on Accreditation.

This activity is approved for **7.25** contact hours.

### Physicians

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Texas Medical Association (TMA) through the joint sponsorship of Memorial Hermann Health System and University of Texas Health Science Center at Houston. Memorial Hermann Health System is accredited by TMA to provide continuing medical education for physicians.

Memorial Hermann Health System designates this live activity for a maximum of **7.25** AMA PRA Category 1 Credit(s)<sup>™</sup>. Participants should claim only the credit commensurate with the extent of their participation in the activity.

The conference is in collaboration with:

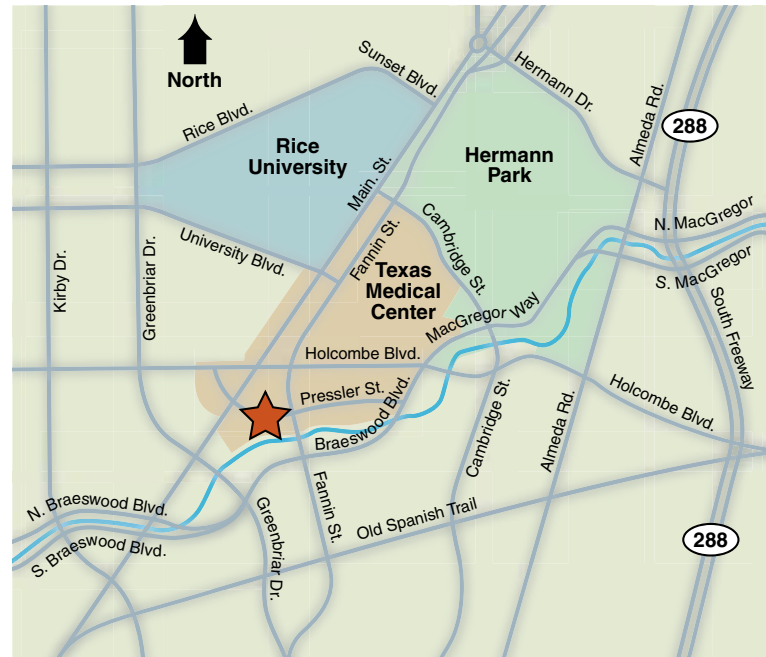


The Brown Foundation Institute of Molecular Medicine for the Prevention of Human Diseases

1825 Pressler, Houston, TX 77030

Free parking provided  
in the outdoor self-service lot.

Entrance is located on Pressler Street.  
Please follow the event parking signs.



The University of Texas Medical School at Houston  
6431 Fannin Street  
Houston, Texas 77030

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### Save the Date

4th Annual  
Texas Two Step Conference:  
Medicolegal Issues  
in OB/GYN

January 10-11, 2014

Hotel Sorella CITYCENTRE  
Houston, TX

For more information  
e-mail us at  
[Maria.S.Keefer@uth.tmc.edu](mailto:Maria.S.Keefer@uth.tmc.edu).



# Management of Diabetes in Pregnancy:

An Update for the Busy Clinician

Saturday, November 9, 2013

8 a.m. – 4:30 p.m.

The Brown Foundation Institute of  
Molecular Medicine  
for the Prevention of  
Human Diseases (IMM)

1825 Pressler St, Houston, TX 77030

7.25 AMA PRA Category 1 Credits<sup>™</sup>

Register online at  
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Free  
Parking



## Course Description

In the United States, the prevalence of diabetes in pregnancy is on the rise due to the increasing rates of obesity. Because of the increased maternal, fetal, and neonatal risks associated with gestational diabetes and pre-gestational diabetes, clinicians should be informed of the current clinical guidelines and best practices for the treatment and care of diabetes in pregnancy.

## Educational Objectives

Upon completion of this course, participants will be able to:

- Counsel patients on the ideal components of a diabetic diet including caloric targets, carbohydrate portions and other aspects of nutritional management
- Implement the current recommendations for screening, diagnosis and treatment options for gestational diabetes
- Identify and utilize strategies for optimal glucose control and targets for women with Type I and Type II diabetes during pregnancy
- Understand the frequency and clinical significance of underlying co-morbidities as they relate to the care and treatment of women with gestational and pre-gestational diabetes
- Identify patients at highest risk for diabetic embryopathy by recognizing the mechanisms that lead to the abnormal fetal development and perform appropriate studies to make the diagnosis
- Implement the current guidelines and recommendations for the timing and mode of delivery in women with gestational and pre-gestational diabetes, including the role of cesarean delivery without labor attempt
- Appropriately identify patients with diabetic management issues
- Examine the guidelines and recommendations for intrapartum and postpartum management of women with gestational and pre-gestational diabetes

- Counsel patients on the long-term consequences related to fetal programming and the increased risk of childhood obesity in children born from mothers' with gestational and pre-gestational diabetes
- Understand the risk factors, frequency and management of medical emergencies with gestational and pre-gestational diabetes.

## Target Audience

Physicians who specialize in obstetrics and gynecology, certified nurse midwives, nurses and residents and fellows in full-time training.

## UTHealth Medical School Faculty Speakers

**Sean Blackwell, M.D.** (Course Co-Director)  
*Chair, Department of Obstetrics, Gynecology and Reproductive Sciences*

**Baha Sibai, M.D.** (Course Co-Director)  
*Professor, Division of Maternal-Fetal Medicine*

**Adi Abramovici, M.D.**  
*Assistant Professor, Division of Maternal-Fetal Medicine*

**Lara Friel, M.D., Ph.D.**  
*Assistant Professor, Division of Maternal-Fetal Medicine*

**Hector Mendez-Figueroa, M.D.**  
*Assistant Professor, Division of Maternal-Fetal Medicine*

**Eleazer Soto, M.D.**  
*Assistant Professor, Division of Maternal-Fetal Medicine*

**Clara Ward, M.D.**  
*Assistant Professor, Division of Maternal-Fetal Medicine*

**Janice Whitty, M.D.**  
*Professor, Division of Maternal-Fetal Medicine*

# Management of Diabetes in Pregnancy:

## An Update for the Busy Clinician

Saturday, November 9, 2013

## Program Schedule

|               |   |              |  |
|---------------|---|--------------|--|
| 8:00 – 8:15   | <b>Welcome &amp; Introduction • Epidemiology and Scope of Problems</b><br>Sean Blackwell, M.D.                            | 11:30 – Noon | <b>Fetal Imaging and Antenatal Testing for Diabetes Gravida</b><br>Eleazer Soto, M.D.          |
| 8:15 – 8:45   | <b>What Every Obstetrician Should Know About a Diabetic Diet</b><br>Lara Friel, M.D., Ph.D.                               | Noon – 12:30 | <b>Questions and Answer</b>  |
| 8:45 – 9:15   | <b>Screening and Diagnosis of Gestational Diabetes</b><br>Adi Abramovici, M.D.  | 12:30 – 1:15 | <b>Lunch</b>   |
| 9:15 – 9:45   | <b>Glycemic Control During Pregnancy: What Are Our Targets?</b><br>Clara Ward, M.D.                                       | 1:15 – 1:45  | <b>Timing and Mode of Delivery for the Diabetic Gravida</b><br>Sean Blackwell, M.D.            |
| 9:45 – 10:15  | <b>Questions and Answers</b>  | 1:45 – 2:15  | <b>Intrapartum and Postpartum Management of Diabetes</b><br>Janice Whitty, M.D.                |
| 10:15 – 10:30 | <b>Break</b>  | 2:15 – 2:45  | <b>Hyperglycemia, Hypoglycemia: Management of Diabetic Emergencies</b><br>Baha Sibai, M.D.     |
| 10:30 – 11:00 | <b>When and What Medications to Use for DM in Pregnancy: Insulin, Glyburide, Metformin, etc.</b><br>Sean Blackwell, M.D.  | 2:45 – 3:15  | <b>Questions and Answers</b>   |
| 11:00 – 11:30 | <b>Management of Chronic Hypertension, Renal Disease and Other Co-morbidities in Diabetes Gravida</b><br>Baha Sibai, M.D. | 3:15 – 3:30  | <b>Break</b>   |
|               |   | 3:30 – 4:00  | <b>Fetal, Neonatal and Childhood Consequences of Diabetes</b><br>Hector Mendez-Figueroa, M.D.  |
|               |   | 4:00 – 4:30  | <b>Interactive Clinical Case Presentations with Audience Participation</b><br>Baha Sibai, M.D. |
|               |   | 4:30         | <b>Wrap up and Conclusion</b>  |

## SAVE THE DATE:

4th Annual Texas Two Step Conference: Medicolegal Issues in OB/GYN

Friday & Saturday, January 10-11, 2014

Hotel Sorella CITYCENTRE • Houston, TX

For more information, email [Maria.S.Keefers@uth.tmc.edu](mailto:Maria.S.Keefers@uth.tmc.edu).