At Children’s Memorial Hermann Hospital, we care for more than children. We care for families. Our talented team of affiliated physicians provides the same high-quality care for mothers and children in close proximity to each other, with a strong focus on patient safety.

Over the years, we’ve discovered that by addressing the emotional aspects of the healing process, our patients recover faster during a stay with us. This discovery has led us to create a culture of service – not only for patients, families and visitors, but also for each other.

Women who choose us for their family’s care find a deep concern for our patients, a commitment to advanced treatments and a dedication to health education. We’re here for our expectant mothers from conception through delivery and beyond, providing comprehensive care for mothers and babies. If there are complications during the pregnancy, specialized maternal-fetal care is available under the same roof.

Our unique collaboration with The University of Texas Health Science Center at Houston (UTHealth) Medical School ensures that you and your family receive a higher level of care and access to state-of-the-art technology, the most advanced treatment therapies and highly specialized surgeries unavailable at other hospitals. Physicians affiliated with teaching hospitals such as ours are highly trained with a strong focus on clinical safety and effectiveness. During a stay with us, you can be confident that your family is in the best hands, receiving expert treatment unmatched in Houston with special attention to compassionate care.

We pride ourselves on our accomplishments, which have been made possible through the teamwork of affiliated physicians and staff members, and our close partnership with the families who choose Children’s Memorial Hermann Hospital for their care.

If you would like to learn more about what makes us special, please visit our website at childrens.memorialhermann.org.

Warm regards,

Susan Distefano
Chief Executive Officer
Services provided by
CHILDREN’S MEMORIAL HERMANN HOSPITAL

**Women's Center**
- Breast Center
- Labor & Delivery
- Lactation Center
- Gynecology
- Reproductive sciences

**Texas Fetal Center**
- Antepartum testing
- Comprehensive ultrasound
- Fetal ECHO
- Fetal surgery
- Genetic counseling and testing
- High-risk pregnancy consultation
- Maternal-fetal medicine specialist
- Nutritional assessment

**Neonatal Care**
- ECMO
- Hypothermia treatment protocol
- Neonatal Intensive Care Unit (Level I and II)
- Neuro-Neonatal Intensive Care Unit
- Neonatal Transport Team

**Pediatric Care**
- Adolescent medicine
- Allergy, immunology and rheumatology
- Audiology and hearing aids
- Critical-care medicine
- Dermatology
- Developmental pediatrics
- Dialysis
- Endocrinology and diabetes

**Endoscopy and gastroenterology**
- General medicine
- General surgery
- Genetics
- Hand and microvascular surgery
- Hematology
- Infectious disease
- Nephrology and hypertension
- Ophthalmology
- Oral and maxillofacial surgery
- Orthopedic surgery
- Otoneuraryngology (ear, nose and throat)
- Pulmonary medicine
- Reconstructive and plastic surgery
- Rehabilitation
- Retinoblastoma surgery
- Sleep Lab
- Urology
- Weight management
- Wound healing and lymphedema

**Trauma/Emergency Services**
- Burn Center
- Children’s Transport Team
- Emergency medicine
- Forensic nursing services

**Children's Neuroscience Center**
- Children’s Learning Institute
- Epilepsy and Epilepsy Monitoring Unit (EMU)
- Gamma Knife®
- Magnetoencephalography (MEG)
- Neurology
- Neurosurgery
- Neurometabolic & Mitochondrial Clinic
- Tuberous Sclerosis Complex Clinic
- Vascular anomalies

**Digestive Disease Center**
- Intestinal rehabilitation
- Texas Kidney Institute
- Texas Liver Center
- Transplant Center

**Child Life and Palliative Care Services**
- Chaplaincy services
- Chronic palliative care
- Music therapy
- Pet therapy
- Ronald McDonald House

**Imaging Services**
- CT scan
- EEG
- Fluoroscopy/X-ray
- MRI
- Ultrasound

**Children's Heart Institute**
- Cardiovascular surgery
- Cath Lab
- Exercise stress testing
- Pediatric ECHO

Families have been trusting us to care for their children for more than 20 years, with our unique offering of compassionate care, advanced treatment therapies and highly specialized surgeries.
OUR SERVICES

When you or a family member require a routine medical procedure or special services that aren’t typically available at a community hospital, you can count on Children’s Memorial Hermann Hospital to provide first-class care. We’re equipped to meet the complete needs of women from maternity care to gynecological surgery, as well as the special medical needs of children from birth to adolescence.

Women’s Center
The goal of the Women’s Center at Children’s Memorial Hermann Hospital is to make every childbirth experience as positive and memorable as possible. Our private, labor and delivery, recovery and postpartum rooms feature superior-quality clinical equipment in addition to amenities for convenience and comfort. Our caring staff is trained in high-risk obstetrics, and a maternal-fetal medicine specialist is on call 24/7 for fetal monitoring and ultrasound imaging. After delivery, patients enjoy our family-centered care, which features a rooming-in option for spending this special time with a loved one. And, for breastfeeding mothers, our Outpatient Lactation Center offers useful products and expert advice.

The Women’s Center offers comprehensive, specialized gynecology services that range from diagnosis and prevention to treatment and management. We combine state-of-the-art equipment and techniques with highly skilled physicians, nurses and staff to deliver patient-focused care that is sensitive to and respectful of the unique issues women face.

Texas Fetal Center
Physicians may order testing for mothers with fetal complications or with chronic health problems such as diabetes or high blood pressure, and mothers who have had problems in previous pregnancies.

Maternal-fetal medicine specialists on staff at the hospital are also affiliated with the Texas Fetal Center, a multi-specialty, complete care clinic at UTHealth Medical School. The Center is a leader in providing diagnosis, treatment and comprehensive care for mothers with high-risk pregnancies and babies with congenital anomalies or genetic conditions.

The Texas Fetal Center offers a complete range of prenatal testing and interventions with a coordinated program for mother and child before, during and after birth. The Center offers a full spectrum of fetal therapies, including complex open fetal surgery for myelomeningocele (spina bifida) and laser photocoagulation for twin-twin transfusion syndrome.
**Neonatal Intensive Care Services**

Our Level III Neonatal Intensive Care Unit is equipped to care for critically ill infants and premature babies born as early as 23 weeks’ gestation and weighing as little as 1 pound.

We’re one of only two hospitals in Houston to offer extracorporeal membrane oxygenation (ECMO), a treatment in which a heart/lung bypass machine breathes for babies in severe respiratory distress, allowing their lungs to rest and heal until they can breathe comfortably on their own. The Extracorporeal Life Support Organization (ELSO) has named the ECMO program at Children’s Memorial Hermann Hospital a “Designated Center of Excellence.” Our program is one of only a few in the world to receive the ELSO Award for Excellence in Life Support.

Children’s Memorial Hermann Hospital, in collaboration with UTHealth Medical School and the Eunice Kennedy Shriver National Institute of Child Health and Human Development (NICHD) Neonatal Research Network, is the first in Houston to use systemic hypothermia to treat newborns with brain injury.

Our Level II Neonatal Special Care Unit provides intermediate care for newborns who are less critically ill and require less intensive support.

**Pediatric Services**

Children with life-threatening injuries and critically ill patients receive care in our Pediatric Intensive Care Unit. Youngsters who need extra attention – for example, post-transplant patients or those with gastrointestinal problems – receive treatment in the Children’s Special Care Unit. The Children’s Center and the Roger & Debbie Clemens Pediatric Wing are designed for children who require hospitalization but whose conditions are not life threatening.

**Emergency Center**

Children’s Memorial Hermann Hospital provides a high level of excellence in pediatric trauma medicine and was the first in the Gulf Coast region to receive the Level I Pediatric Trauma Center designation. When an injured child needs critical care, our pediatric trauma center provides the highest level of care available. When children arrive at the Emergency Center, they are triaged in a dedicated pediatric area and assigned to one of 10 rooms specially designed for pediatric cases. Our young patients receive treatment from doctors and nurses with advanced training in pediatric emergency care.
Transport Team
For patients needing critical care, increasing the chance for survival and recovery means getting the best care as quickly as possible. The Adult and Children’s Transport teams operate within a 300-mile radius of Houston using specially-equipped ground ambulances, Memorial Hermann Life Flight® air ambulance, or fixed-wing Learjet transportation.

Our Children’s Transport Team provides specialized emergency pediatric and neonatal transport services for infants to 16-year-olds, around the clock, 365 days a year. The team is trained and equipped to provide the highest level of quality intensive care to critically ill patients. Our transport capabilities ensure that pregnant women and children at local, regional, national and international hospitals can be quickly transferred to a hospital within the Memorial Hermann system.

Children’s Heart Institute
The physicians affiliated with our Children’s Heart Institute are leaders in the field of pediatric heart care, providing a broad range of services for children with congenital and acquired heart disorders. Children with complex health problems that often accompany heart disorders benefit from comprehensive, multidisciplinary care delivered in collaboration with other departments within the hospital. When pediatric cardiac surgery is required, we provide outstanding treatment focused on the best possible outcome for each child in our care.

Children’s Neuroscience Center
The Children’s Neuroscience Center provides individualized education and support services for families, from diagnosis through treatment and follow-up care for a broad range of neurological disorders. Our multidisciplinary team approach combines the expertise of affiliated pediatric neurologists, epileptologists, neurosurgeons, neuroradiologists and neuropsychologists to ensure that your child receives the best care available. Skilled medical professionals use the most advanced surgical, diagnostic and imaging equipment, and treat children with a range of neurological disorders, such as spasticity, movement disorders, epilepsy, autism, neurometabolic and mitochondrial disorders, hydrocephalus, head injuries, craniosynostosis, brain tumors, brain malformations and spina bifida.

Pediatric Transplant
Children in need of a kidney or liver transplant receive care from affiliated physicians at the UTHealth Medical School, the Texas Kidney Institute and the Texas Liver Center. The Texas Kidney Institute is at the forefront of developing new treatments for dialysis, kidney transplantation, kidney-pancreas transplantation and pancreas transplantation for adults and children. Through the Texas Liver Center, we lead the region as the most comprehensive and innovative treatment facility for adults and children with chronic and acute liver disease. For transplant patients, we provide patient-centered care with rapid assessment, treatment and follow-up.
Child Life Specialists

Child Life Specialists help children and parents cope with the emotional stress and family issues that often accompany serious illness or injury. We promote play to facilitate healing, self-expression, creativity and learning, and offer education to help make hospitalization a more positive, understandable experience for children.

Child Life services also include daily playroom activities and personalized play activities in patient rooms. Our young patients and their families are always welcome to visit the Pi Beta Phi Library with hundreds of popular books for kids of all ages to enjoy and the Hollywood Video Starlight Site to watch movies in a theater-like atmosphere.

Child Life also offers music and pet therapy that provides interventions to assist the child with processing the events that occur during a healthcare experience, assists with facilitation of normal growth and development, and provides a group therapy experience for children and for infants to promote socialization, development, and adaptation to the hospital experience.

Ronald McDonald House

Families of critically ill children can rest and recharge in their home away from home—the 14-bedroom Ronald McDonald House located within Children’s Memorial Hermann Hospital. A true collaboration between the hospital and Ronald McDonald House of Houston, the House includes seven rooms that serve the Pediatric Intensive Care Unit and seven more that serve the Neonatal Intensive Care Unit. Ronald McDonald House of Houston furnished and decorated the rooms to create a comfortable homelike environment that includes Internet service, refreshments, books, games and other services. Staff and volunteers provide friendly service, including fresh-baked cookies and meals for families. The House also has three parent lounges, two large family living rooms, laundry facilities and a kitchenette.

Playrooms, such as the Houston Rockets Teen Lounge and the Houston Aeros Power Playroom, accommodate kids of all ages. Child Life also provides an in-room movie channel and plans celebrations such as holiday parties and other special events.
**Chronic and Palliative Services**

The Chronic and Palliative Services (CAPS) team at Children’s Memorial Hermann Hospital is committed to advancing health by ensuring that children with serious illness and their families receive comprehensive and coordinated medical care. The CAPS team provides an extra layer of support for children with complex diseases by providing a familiar face through multiple hospitalizations, assisting families with clarifying goals of medical care, and facilitating communication between the admitting pediatrician, the community physician, and the child’s multiple subspecialists.

**Pediatric Imaging and Procedure Services**

The Children’s Imaging Center and Procedure Suite, located on the ground floor of Children’s Memorial Hermann Hospital, provides relatively fast, painless and cost-effective procedures for our pediatric patients. Services consists of pediatric cardiac catherization labs, pediatric and fetal ECHO, pediatric stress and tilt testing, endoscopy suite, and pediatric-related imaging modalities.

**Online Resources**

Need a one-stop shop for children’s health information? Find resources for parents at childrens.memorialhermann.org/PatientsFamilies. Learn all about your child’s health and development, from emotions and behavior to infections and medical problems. You can also view past issues of our quarterly newsletter, Health Highlights for Parents, which provides parents with the latest information in healthcare for expectant mothers, infants and children.

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**Giving – Ways to Give**

If you’re interested in learning more about how you can support Children’s Memorial Hermann Hospital with a philanthropic contribution, please call the Memorial Hermann Foundation at 713.704.4265. You may designate your gift for a specific hospital program, expansion project, clinical service or any other specified area, and individual donations also may be made in honor or remembrance of a beloved family member or friend. You may also recognize a physician, nurse or caregiver with your gift.

Tax-deductible donations can be made in the form of cash, securities and property or through gift planning such as bequests, life insurance policies and charitable remainder trusts. You may request a contribution form by calling 713.704.4265, or you can donate online at childrens.memorialhermann.org/giving.

**Volunteers**

Many community members also give the gift of time by serving as volunteers at Children’s Memorial Hermann Hospital. Volunteering allows you to put your talents to good use, learn new skills, get away from your everyday routine, make new friends and become a valued member of our healthcare team. Please call 713.704.4141 to learn more about volunteer opportunities at Children’s Memorial Hermann Hospital.

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*It’s easy to keep in touch with us and stay up to date on the latest news in children’s healthcare at facebook.com/ChildrensMemorialHermann and twitter.com/HoustonHospital.*

*Find resources for parents at memorialhermann.org/PatientsFamilies.*
If you need a referral to a physician or to any of the services available at Children’s Memorial Hermann Hospital, call 713.222.CARE. You can also contact a specialty clinic, most of which are affiliated with UTHealth Medical School, directly by using the list of contact information below.

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<thead>
<tr>
<th>Children’s Memorial Hermann Hospital Contact Information</th>
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<tbody>
<tr>
<td>Main Hospital Number</td>
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<tr>
<td>Children’s Emergency Center</td>
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<td>Outpatient Imaging</td>
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<th>Specialty Clinics</th>
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<tr>
<td>Adolescent Medicine</td>
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<td>Allergy and Immunology</td>
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<td>Asthma</td>
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<td>Audiology and Hearing Aids</td>
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<tr>
<td>Cardiology</td>
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<td>Cardiovascular Surgery</td>
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<td>Child Abuse Resource &amp; Education Center</td>
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<td>Critical Care</td>
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<td>Dermatology</td>
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<td>Endocrinology/Diabetes</td>
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<td>Gastroenterology</td>
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<td>General Pediatrics</td>
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<td>General Surgery</td>
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<td>Genetics</td>
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<td>Hematology/Hemophilia</td>
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<td>Hematology/Oncology</td>
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<td>Infants at High Risk</td>
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<td>Infectious Disease</td>
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<td>Maternal-Fetal Medicine</td>
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<td>Neonatology</td>
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<td>Nephrology and Hypertension</td>
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<td>Neurology</td>
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Children’s UTH ealth Medical School Memorial Hermann Hospital is cradled within Memorial Hermann-Texas Medical Center, located on the corner of Fannin and Cambridge streets in Houston’s Texas Medical Center. The hospital is easily accessible from Loop 610 and highways 288 and 59.

Valet ($15 flat rate per day) and self-parking (maximum of $12 per day) with air-conditioned skybridge access to the hospital are available in the Memorial Hermann Medical Plaza Garage, located across the street from the hospital at the corner of Fannin and Cambridge. In addition, valet parking ($15 flat rate per day) and patient drop-off for the hospital are available at the Fannin Street entrance. Additional self-parking (maximum of $12 per day) is available in TMC Garage 4, located off Cambridge across from Hermann Park, and in other garages. For more information about hospital parking, please call 713.704.2027.

Please note that parking rates are subject to change.
Our commitment to providing high-quality healthcare services for children is evident throughout our system of hospitals. Refer to the table below regarding services available at each Memorial Hermann location.

<table>
<thead>
<tr>
<th>Service</th>
<th>Texas Medical Center</th>
<th>Katy</th>
<th>Memorial City</th>
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<th>Southeast</th>
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<th>Sugar Land</th>
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<td>Children’s Emergency Center</td>
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<td>Infant Massage Therapy</td>
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<td>Maternal-Fetal Medicine Specialists</td>
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<td>Neonatal Intensive Care Unit (level II)*</td>
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<td>Pediatric Inpatient Care Unit (level I)**</td>
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<td>Pediatric Trauma Center</td>
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<td>Pet Therapy</td>
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*Neonatal Intensive Care Units (NICUs)*
Following the guidelines established by the American Academy of Pediatrics:
- Level II NICUs provide care to infants who are moderately ill with problems that are expected to resolve rapidly. Some level II NICUs can provide mechanical ventilation of brief durations (less than 24 hours) or continuous positive airway pressure.
- Level III NICUs care for infants with a birth weight of more than 1,000 grams and gestational age of more than 28 weeks. These facilities have the capability to provide conventional mechanical ventilation for as long as needed but do not use more advanced support such as high-frequency ventilation. Some Level III NICUs have the ability to care for infants with extreme prematurity (28 weeks’ gestation or less) or extremely low birth weight (1,000 grams or less) or who have severe and/or complex illness.
- Children’s Memorial Hermann Hospital in the Texas Medical Center has a Level III NICU with additional capabilities including extracorporeal membrane oxygenation (ECMO), a treatment which is used for newborns with respiratory failure, and surgical repair of serious congenital cardiac malformations that require cardiopulmonary bypass.

**Pediatric Inpatient Care**
- Level I pediatric units provide general hospital-based care for children.
- Level II pediatric units provide care for children with a higher level of acuity or chronic acute conditions.
- Level III pediatric units are equipped to provide subspecialty care and critical care, perform complex surgical cases and provide pediatric intensive care services.